

HOW TO MANAGE YOUR BOWELS TO SAVE FACE (AND TOILET PAPER) WITH YOUR CO-WORKERS

BY THE IDIOT · JUNE 7, 2017



ONE LONG HOLIDAY WEEKEND binge-ing on Doritos, ice cream sundaes, beer, and things expired from my food pantry resulted in (surprise, surprise) pre-shit sweats on my subway ride back to work Tuesday morning. So... I was left with a dilemma:

How could I effectively manage my bowels so I don't ruin my "cool guy" status at work? (Note: cool guys at work don't take dumps, blow their noses, or carry their lunches in Starbucks paper bags.) I've had a long history of similar sticky or should I say smelly situations and thus have learned a lot of strategies to get out of such a jam (mmmm jam- maybe I'll have that for dinner).

Strategy #1

Location, Location, Location

Finding the best location to perform your job doodies (this joke is for my main demographic: kindergarteners who read blogs) is key.

Heavens to Betsy (if you know Betsey, my condolences) **DON'T TRY:**

- To use the middle stall of a multiple stall office bathroom with no option for open windows when it's 64 degrees or hotter.
- To use a bathroom in close proximity to the office lobby (unless you're a plumber) , your supervisor's office (unless you're quitting), or the office kitchen (unless the sound of the fridge can drown out the sound of your farts).

DO TRY:

Figuring out which co-worker has a private bathroom and what their schedule is so you can sneak into it at your discretion. Thank you Barry. I left you a newspaper- let me know if you found my condoms.

STRIVE FOR:

- Using the office closet that has the mop and bucket in it: it's private and if you miss the bucket, emergency clean up afterwards is a cinch.
 - Using a lunch/smoke break to find a bathroom outside of work: Avoid McDonalds' bathrooms unless you have a poncho. Try to find a Baby's R Us bathroom; you may have to pretend that you're looking to buy a breast pump but those bathrooms are spic and span (warning: creepy factor rating: 10) and you never know when you need a pump.
- If you're reading this and thinking: "You're an idiot. I don't have time to leave my office to find a bathroom and the mop and bucket closet is already occupied", stop thinking (always helps me) and refer to Strategy #2.

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Strategy #2

Time Management

If you're an early bird, you're in luck- if you've ever been shit on by a bird that's also good luck. Getting to work before any of your co-workers at the crack of dawn gives you first dibs to show the dawn your crack anywhere you want.

However, if you can't make it to work early and you have to use the bathroom during work hours, **REMEMBER:**

If it takes the average meat eater 2 mins and 34 seconds to poop (I like to conduct surveys), you should aim to finish in half that amount of time (just be careful where you aim).

Strategy #3

Blame Someone Else

Who to Blame:

A Co-Worker

Caution: ONLY WORKS in a multiple stall bathroom:

Fun Fact: the people you work with also defecate – I know what you're thinking: **DISGUSTING**. But it's true, so blaming your co-worker is believable and free. Try to pick someone who is newer to the company or the intern (that's a no brainer).

Your Boss

Bosses don't have to save face. They in fact have the ultimate say in whose face to save so blaming a turd or two on the one in charge should almost be expected.

Your Kid

How do you think "Bring your daughter/son to work day" started?

Puppet

Stuff a puppet down your pants (you'll thank me later) and sneak it into the office bathroom. Put the puppet into a stall next to your stall but closer to the bathroom entrance. Make sure the legs of the puppet dangle enough to be seen underneath the stall divide. Tape square of toilet paper to shoe of puppet for realistic look.

Bonus Tip: Fart Machine.

Place a remote controlled fart machine into the puppet's stall for an added effect. I highly recommend "Le Tooter" by Big Mouth Inc.

Super Bonus Tip: Smell Machine

Invent remote controlled fart scented "smell machine" and place machine into puppet's toilet as an even better way to dupe your co-workers.

An Office Pet

Who better to blame smells and sounds on than an animal or that uncle you don't like? If you can't convince your boss to hire your uncle, convince your boss that an office pet is a great way to boost staff morale and guess what? Animals shit... a lot! I'm looking at you Orangutan.

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Special Tip: Rabbits are a lot easier to smuggle into a bathroom than an Orangutan.

EMERGENCY ADVICE!

If you're caught taking a shit at work;

you're shit out of luck. Try finding a new job at a location where dropping a deuce on the regular is acceptable and often encouraged:

- Sewage Plant
- Proctologist Office
- Diaper Factory

Hopefully you're sitting on a toilet at work right now thinking about me and how great this advice is- most likely I'm thinking about you.

Now hurry up and flush before you get caught you filthy animal!

- The Idiot

