

HOW TO MAKE MONDAY YOUR FAVORITE DAY OF THE WEEK:

BY THE IDIOT · JULY 26, 2017



Rename it "Sunday Part 2":

Misery is Mental- change your mindset by thinking that Monday is actually just an extension of the weekend. After work engage in "weekend plans":

- Go to a fancy dinner that someone else pays for
- Go Clubbing and have a dance-off
- Find a mate and have a sex-off

Get Excited To Wake Up Monday Morning:



- Instead of music, set your alarm clock to a pre-recorded sexy voice that tells you how cool you are because you have a job.
- Take your most recent paycheck and before depositing it, rip it up. It may be an expensive lesson but after you stop crying you'll remember why you're going to work (*Recommendation*: only perform this exercise one Monday out of the month).
- Have your favorite mix tape playing while you take a shower (*Caution*: wear gripped socks in the shower so you don't fall while you dance).
- Try out a new look for the day: dye your hair with Kool Aid (drink the remaining Kool Aid for breakfast), wear an ascot, shave your eyebrows, wear a cape.
- Choose a mantra that you can repeat throughout the day to stay positive.

Recommended Mantras Include: Who's the man (and point to yourself), I have a nice ass (and spank yourself), I'm too sexy for my cat- whatcha think about that?

(Don't answer yourself).

Be Creative:

Find an exciting way to commute to work:

- Pogo Stick
- Hitchhiking
- Piggy Back Ride (Great way to get to know your neighbors)

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Make up a crazy fake weekend story to tell your co-workers.



Recommendations: You won a bar fight, you had sex in hot tub, you hung out with some celebrity (and you also had sex with them in a hot tub).

Get into work early and pretend that you're the boss. Imagine that you just fired your whole staff and you can do whatever you want (until the real boss arrives). Give yourself a promotion.

Speak part of the day in a new accent (try Irish or Swedish, avoid New Jersey or German)

Make Monday a day to take risks and experiment:

Walk backwards, ride a bike backwards, make a miniature volcano out of paper mâché, seltzer, and baking soda.

Start a new office hobby

Favorites include: cubicle parkour, Rubix circle (much harder than the cube), sleeping with your eyes open, play the "guess how much money your co-workers make" game, see how many body parts you can copy on the office copy machine in less than a minute, decorate your office with your photocopied body parts

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Make Lunch Time Fun:



– Search through the brown paper bags in your office fridge and try to guess which lunch belongs to which co-worker. If you guess correctly, reward yourself by eating that co-worker's lunch.

– Create a fire pit in your office and make s'mores.

– Invite your co-workers to a good ole fashioned game of "bobbing for apples". **BONUS:** Soak your feet in the bucket after bobbing and ask your co-worker for a pedicure.

Reach out to someone who you haven't spoken to in a while...by prank calling them (try your high school biology teacher or whoever was your high school homecoming king/queen).

If nothing else, remember not to work too hard and if you make a mistake at work or fail to get something done because you're still hungover from the weekend:

– Fake laryngitis so you don't need to come up with excuses for your boss.

– Pretend it's your birthday or some anniversary.

– Borrow one of your co-workers ID badges and blame your poor work performance on him/her.

Now that you're excited about Monday, Tuesday will become the worst day of your week. I'm not a miracle worker (doesn't pay enough). You'll have to deal with Tuesday on your own.

Start planning your next vacation.

– The Idiot

